

Carlsbad Recreation Department Presents

2008 Health and Wellness Weekend

Get motivated to live a healthy lifestyle!

Community Health & Fitness Expo

Saturday, July 12
10 AM – 4 PM
Pine Avenue Park
3333 Harding Street

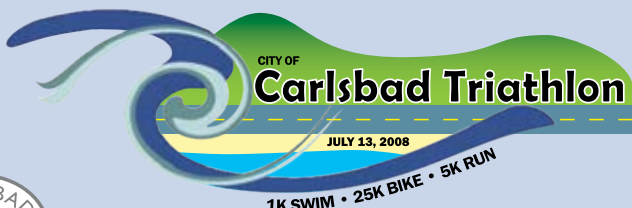
City of Carlsbad Triathlon

Sunday, July 13
8 AM – Noon
Tamarack Beach

Spaces Limited!

Register for the 27th annual Carlsbad Triathlon sprint race
online at **www.active.com**.

For more information visit
www.carlsbadtriathlon.com or call 434-2843.



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Presenting Sponsor



Presented by Carlsbad Recreation Department with event management by Spectrum Sports Management LLC.

